

# DAILY TIPS

## for COVID-19



**WASH HANDS**  
often with  
soap & water



**COVER** coughs  
& sneezes  
with elbow



**DON'T TOUCH**  
eyes, nose  
or mouth



**CLEAN** surfaces  
frequently



**STAY HOME**  
when sick



**AVOID SICK**  
people



**Practice**  
**SOCIAL DISTANCING**



**Wear a**  
**MASK** in public

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